May 2018





Welcome!

A NEW MONTHLY NEWSLETTER

Welcome to the first monthly newsletter for Chester-Le-Street Athletics Club. We are hoping the newsletter will keep you up to date with fixtures, results and important announcements. With the track season starting to heat up, I'm sure we will be sharing many great results across all the coaching groups and disciplines!

A reminder that our 'Mini Athletics' sessions are still being held on a Tuesday night. Look out for announcements regarding the venue as it may change due to sports halls being used for exams. Have a chat with any of the committee if you have any questions or queries.

The 'run out' group is becoming increasingly popular and the kids are enjoying some time out on the fells and trails. A gentle reminder that the high vis vests must be worn by all, this is for your own safety. If your child is interested in joining in with the group, please speak to one of the coaches or run leaders and they can advise.

IMPORTANT ANNOUNCEMENTS

- The deadline for renewing and new memberships is 24th MAY. If your membership is not submitted by the deadline you will be unable to train on the track and compete for the club. If you require a membership form please contact Julie or a member of the
- From the 1st of June there will be an increase of 50p per session. This is due to increased costs. After the increase, the cost of sessions will be £2.50.
- There has been a change of Welfare Officers. Your new welfare officers are Catherine Vicarage and Paul Cain. Please contact either officer with any welfare concerns. A welfare email address will be available in due course.
- As a result of prior feedback from parents, we are introducing a quarterly parents meeting, with the first being scheduled for the 5th of June at 6pm. We hope this will give you the opportunity to feedback any ideas or concerns.

Contact Details

Info@chesterlestreetac.com

Welfare:

Catherine 07722481183

Facebook:

ChesterLeStreetAC

Venue:

Riverside Sports Pavilion

Chester Le Street

DH₃ 3SJ



CALLING ALL SENIORS!

Adults, it is now your time to shine. We will be starting to run a coached seniors session, one night a week, alongside the current sessions. The finer details are yet to be confirmed but do keep your eyes and ears open for them in the near future.

NOTICE BOARD

The upstairs noticeboard is about to undergo a little transformation and will show contact details and information about all the coaches, results, fixtures and clothing info.

CLUB CLOTHING

Please speak to Julie Whitley if you require a club vest. Paul is awaiting order forms for the other items of clothing.

"The body achieves what the mind believes"

AGM

Following the AGM there has been a few changes to committee members and their roles. Below is an overview of the positions held following the meeting:

Chairman: John Tinkler Secretary: Phil Corless

Assistant Secretary: Julie Whitley

Treasurer: Christine Knox

Welfare Officers: Catherine Vicarage, Paul Cain

Coach Co-ordinator: Andrew Cruddas Membership Secretary: Richard Moore

Thankyou to those who attended the AGM, it was a strong turn out and great to see new and old faces!



RESULTS

York CP -

Rachel Partington: 100m, 1st. 200m, 2nd.

NECAA, Middlesbrough -

U13

L. Foster: 1500m, 9th. 800m, 8th. Long Jump, 11th

F. Couzens: Long Jump, 9th. 200mF, 5th A. Local: 70m hurdlesF, 5th. 800m, 7th

L. White: 100mF, 7th

F. Clarkson: 800mF, 1st. 1500m, 7th E. Jones: 1500m, 8th. 800m, 8th

U15

L. Scothern: 800mF, 2nd

L. Russell: 200mF, 2nd. 100mF, 3rd. Triple Jump, 2nd

D. Percival: 200mF, 5th. 100mF, 6th.

F. Young: Hammer, 5th.

E. Chong: 1500m, 2nd. 3000m, 2nd

L. Jones: 1500m, 13th E. Whitley: 1500m, 15th

K. Izuora: Shot Putt, 2nd. High Jump, 1st

U17 & U20

G. McGlone: Long Jump, 1st. Triple Jump, 2nd

D. Todd: Shot putt, 1st

Seniors Northern League, 5th May— No individual results but came 2nd as a club!

Quad Kids, Whitley Bay, 6th May - Brilliant performances from all the children, with many PBs! Big well done to Ella Jones and Owen Barron who got 2nd in their age group and Darcy Lines who took 3rd!

Well done to all our athletes who competed throughout the month, junior and senior!

Do let us know if there is any problems with the results above,

FIXTURES

MAY

NEYDL 2 DIV, Sunday 20th

Northeast Masters League, Monkton Stadium, Monday 21st

Northeast Grand Prix, Monkton, Wednesday 23rd

George Ogle Memorial Race, Swalwell, Wednesday 23rd

Sunderland Harriers Penshaw Hill Race, Wednesday 30th

JUNE

Northeast Masters League, Monkton, Monday 4th

Blaydon Race, Saturday 9th

County Schools Champs, Saturday 9th